

# Questions To Ask Your PHARMACIST



Whether you're dealing with fatigue, recovering from surgery, managing a chronic condition, or just wondering why your energy isn't what it used to be, talking to your pharmacist can help uncover the cause.

Iron deficiency is more common than most people realize, and the type of iron you take can make all the difference.

Use these questions to guide a quick, informed conversation with your pharmacist about whether Hemaforte 1<sup>®</sup> fits your health goals—and your dietary values.

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**1** Could my fatigue or low energy be related to iron deficiency?

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I'm already taking an iron supplement but still feel tired—should I consider switching to Hemaforte 1<sup>®</sup>?

**2**

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**3** Is heme iron different from the iron in most supplements?

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Can Hemaforte 1<sup>®</sup> be taken with my current medications, like proton pump inhibitors or other treatments?

**4**

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**5** I prefer clean-label products. How does Hemaforte 1<sup>®</sup> compare to typical drugstore iron pills?

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How long does it usually take to feel a difference on Hemaforte 1<sup>®</sup>?

**6**

**HEMAFORTE**  
THE POWER OF ONE

