Spot the alias

An egg by any other name… can be confusing!

Watch for these possible aliases of common allergens.

**NOTE:**
This guide should not be considered the final word on your allergen and its “aliases” – speak to your doctor about obtaining a complete list.

**DIRECTIONS:**
STEP 1: CUT ALONG DOTTED LINE.  
STEP 2: FOLD IN HALF VERTICALLY.  
STEP 3: FOLD INTO ACCORDIAN.  
STEP 4: PLACE IN WALLET!